

Pros and Cons of Working From Home



No commute saves the individual time and cuts out unnecessary stress

But it also means no downtime on the way to / from work



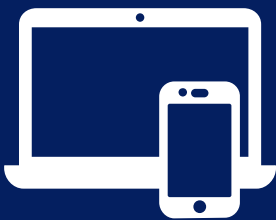
Employees likely to save money - no travel fares, parking or lunches bought in town

Towns suffer from not having workers in, spending money



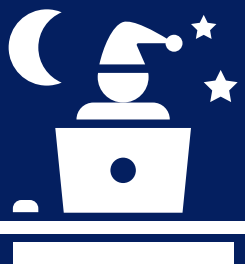
Employees may feel more productive and get more done without office distractions

This is at the expense of collaboration and knowledge sharing



Tech is used to support collaboration, hybrid working and networking

There are challenges across organisational boundaries, and with technostress and safety issues



More flexibility with working hours can lead to a better work-life balance

But working from home can also lead to an "always on" mentality. Boundaries between home and work become blurred